

Let's Get Loud

Artist: Jennifer Lopez, „Let's Get Loud“ Album Version **Level:** Int.
Choreo: Doris Stern, Belfaster Str. 31, 13349 Berlin, **Time:** 3:58
Email: dstern2007@googlemail.com **bpm:** 132
taught: 4th Clog Conv 2000 Wilhelmshaven, revised 2012
taught in Abbensen 2012

Sequence: **A B B* C D C* D B A Break I Bridge A C D B Break II A* Ending**
Wait 16 beats

Part A: (8 beats)
Cha-Cha S(fwd) S(b) S S S S(b) S(fwd) S S S
L R L R L R L R L R
1 2 3 & 4 5 6 7 & 8

Part B: (32 beats)
McNamara H(ots) BA BA(xib) BA(ots) H(ots) BA S(xib) DS DS DS RS **turn 1/2 R**
& Triple L L R L R L R L R L R LR **on Triple**
1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

Alabama DS DT(b) H TCH(ib) H BR UP/H
L R L R L R R L
&1 & 2 & 3 & 4

Push Kick DS RS RS KK UP/H
R LR LR L L R
&1 &2 &3 & 4

Repeat Part B as written to face front again!

Part B*: (16 beats) **Do half Part B without turn on Triple!**

Part C: (32 beats)
Roll The Dice DS DS(xif) DR S S S DS DS DS RS **turn 1/2 L**
& Triple L R R L R L R L R LR **on beat &3-&4**
&1 &2 & 3 & 4 &5 &6 &7 &8

Cowboy DS DS DS BR UP/H DS(xif) RS RS RS **move fwd on beat 1-3,**
L R L R R L R LR LR LR **move bw on beat 6-8**
&1 &2 &3 & 4 &5 &6 &7 &8

Repeat Part C as written to face front again!

Part D: (32 beats)
Step & Pull S(ots)/SLR S(xib) S(ots) S(ots)/SLR S(xib) DS DS DS RS **turn 1/4 L**
& Triple L R R L R L R L L R LR **on Triple**
1 2 & 3 4 &5 &6 &7 &8

Repeat Step & Pull & Triple 3 times to face front again!

Part C*: (32 beats)
Roll The Dice DS DS(xif) DR S S S DS DS DS RS **turn 1/2 L**
& Triple L R R L R L R L R LR **on beat &3-&4**
&1 &2 & 3 & 4 &5 &6 &7 &8

Cowboy DS DS DS BR UP/H DS(xif) RS RS RS **move fwd on beat 1-3,**
L R L R R L R LR LR LR **move bw on beat 6-8**
&1 &2 &3 & 4 &5 &6 &7 &8

Roll The Dice DS DS(xif) DR S S S DS DS DS RS **turn 1/2 L**
& Triple L R R L R L R L R LR **on beat &3-&4**
&1 &2 & 3 & 4 &5 &6 &7 &8

8 Shuffle DR SL **move diag. L&R**
both
& 1

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Break I:	(32 beats)	
2 Turning	DS DS(xif) DS DS(xib) DS DS(xif) DS RS	full turn R on beat 4-6
Vine	L R L R L R L RL	
	R L R L R L R LR	full turn L on beat 4-6
	&1 &2 &3 &4 &5 &6 &7 &8	
4 Rocking	DS BR UP/H DS STO STO	turn 1/4 L on beat &2
Chair Stomp	L R R L R L R	on each Rocking Chair
	&1 & 2 &3 & 4	

Bridge:	(16 beats)	
16 Shuffle	DR SL	turn full L on beat 1-8
	both	turn full R on beat 9-16
	& 1	

Break II:	(32 beats)	
Stomp & Drag	STO STO DS DR S(ib) DR S(ib) DS DS DR S(ib) DR S(ib)	1/4 L on beat 1
	L R L L R R L R L L R R L	1/4 L on beat 5-6
	& 1 &2 & 3 & 4 &5 &6 & 7 6 8	
Drag It	DS DS DR S(ib) DR S(ib) DS DS DR S(ib) DR S(ib)	1/4 L on beat 1-3
	R L L R R L R L L R R L	1/4 L on beat 5-6
	&1 &2 & 3 & 4 &5 &6 & 7 & 8	
Arms	S & both arms down arms in your waist arms up arms in your waist	
	1,2 3,4 5,6 7,8	
	arms down arms in your waist arms up P	
	1,2 3,4 5 6,7,8	

Part A*:	(32 beats)	
4 Cha-Cha	S(fwd) S(b) S S S S(b) S(fwd) S S S	turn 1/4 L on beat 7-8
	L R L R L R L R L R	on each Cha-Cha
	1 2 3 & 4 5 6 7 & 8	

Ending:	(32 beats)	
McNamara	H(ots) BA BA(xib) BA(ots) H(ots) BA S(xib) DS DS DS RS	turn 1/2 R
& Triple	L L R L R R L R L R LR	on Triple
	1 & 2 & 3 & 4 &5 &6 &7 &8	
Alabama	DS DT(b) H TCH(ib) H BR UP/H	
	L R L R L R R L	
	&1 & 2 & 3 & 4	
Push Kick	DS RS RS KK UP/H	
	R LR LR L L R	
	&1 &2 &3 & 4	
McNamara	H(ots) BA BA(xib) BA(ots) H(ots) BA S(xib) DS DS DS RS	turn 1/2 R
& Triple	L L R L R R L R L R LR	on Triple
	1 & 2 & 3 & 4 &5 &6 &7 &8	
2 Basic Brush	DS BR UP/H	
	L R R L	
	R L L R	
	&1 & 2	
The End	DS DS STO STO BA H(if)	
	L R L R L R	
	&1 &2 & 3 & 4	

Sequence: A B B* C D C* D B A Break I Bridge A C D B Break II A* Ending